

## ***Soothing the Seasonal Stress***

December 11<sup>th</sup>, 2016

### ***Luke 2:1-14***

*“Glory to God in the Highest, and on earth peace among those with whom He is pleased”*

#### **Peace on earth would be the first effect of Jesus, the Messiah, coming to earth!**

- ❖ Bethlehem, the birthplace of the “Prince of Peace”!
  - Micah 5:2-5
- ❖ The Nativity scene is a picture of peace – but the birth of Christ was anything but peaceful for Mary and Joseph!

*Luke 2:7 “And she gave birth to her firstborn son and wrapped Him in swaddling cloths and laid Him in a manger, because there was no place for them in the inn.”*
- ❖ The Christmas season is anything but peaceful for many Christians!

*Luke 12:22-23 “And He said to His disciples, ‘Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. For life is more than food, and the body more than clothing.’”*

#### **“Sooth the Seasonal Stress” by remembering the Word of God!**

- ❖ Peace with God is the beginning of Peace on Earth!

*Romans 5:1 “Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ.”*

*Isaiah 9:6 “For to us a child is born, to us a son is given; and the government shall be upon His shoulder, and His name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.”*

*Prince: “... a sovereign; the chief and independent ruler of a nation...”<sup>1</sup>*

*Ephesians 2:17 “And He came and preached peace to you who were far off and peace to those who were near.”*
- ❖ The Peace of God is a result of the Holy Spirit in the life of a Christian!

*Galatians 5:22-23 “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.”*

*John 14:27 “Peace I leave with you; My peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.”*
- ❖ Peace in us is sustained by allowing His peace to rule our hearts!

*Colossians 3:15 “And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.”*

*Isaiah 26:3 “You keep him in perfect peace whose mind is stayed on You, because he trusts in You.”*

*1 Corinthians 14:33 “For God is not a God of confusion but of peace. As in all the churches of the saints,”*

*Romans 14:17 “For the Kingdom of God is not a matter of eating and drinking but of righteousness and peace and joy in the Holy Spirit.”*

*2 Thessalonians 3:16*

*“Now may the Lord of peace Himself give  
you peace at all times in every way.  
The Lord be with you all.”*

Endnotes:

<sup>1</sup> Webster, Noah. *American Dictionary of the English Language (1828 Facsimile Edition)*. San Francisco: Foundation for American Christian Education, 1989.

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